

Mid-Iowa Community Action, Inc.

Helping People. Changing Lives. Building Communities.

Story County Resource Guide

www.storycountyresourceguide.org



Food Pantries



AMES

Mid-Iowa Community Action (MICA) (515) 956-3333, 125 S. 3rd St. Suite 100 Monday-Friday 8:30am-5pm. Can be visited once every 3 months. Story County residents only. Photo ID required with current address.

Bethesda Lutheran Church (515) 232-6256, 1517 Northwestern Avenue. Monday/Wednesday 9-11am and Tuesday/Thursday 1-3pm, also Tuesday evenings 6:30-8pm. Can be visited once a month. Photo ID required. Please enter the west entrance of the church.

Calvary United Methodist Church (515) 232-6329, 1403-24th Street. Tuesday 2-3:30pm. Can be visited once a month.

First Evangelical Free Church (515) 232-2765, 2008-24th Street. Tuesday 2-4pm and Thursday 9am-12 noon. **Must live in Ames** and provide photo ID with current address. Can be visited every other month for 3 times total in 6 months, then once every 6 months. Does not provide vouchers of any kind. Does not assist students.

First United Methodist Church (515) 232-2750, 516 Kellogg. FREE MEALS: Sundays, Mondays, Tuesdays, and Thursdays from 5:30-6:15pm and Saturdays from 11:30am-12:15pm.

Grand Avenue Baptist Church (515) 232-8803, 612-24th Street. Call first to schedule an appointment with the on-call person.

Good Neighbor Emergency Assistance (515) 296-1449, 508 Kellogg Ave. Monday-Friday 9am-12 noon or call for an appointment. Food vouchers available for eggs, milk, cheese, and fresh produce.

Seventh Day Adventist Church (515) 232-0472. Call to schedule an appointment and address will be provided. Proof of income required.

The Help Center (515) 290-6881, 1627 S. High Ave. (Harvest Vineyard Church) Wednesday 3-5pm and Friday 4-6pm. Can visit 3 times in a 6-month period. Provides bread and other food items.

Meals on Wheels (515) 239-6730 or 1-800-239-6730 Prepares and delivers meals to the elderly and disabled.

This is not intended to be a comprehensive list of all available services in Story County.

Self-Help And Resource Exchange (SHARE) Provides monthly food packages valued at \$30-\$35 for discounted prices for Story County Residents who volunteer 2 hours/ month in the community. Can pay with cash or food stamps. Advance sign-up is required for distribution later in the month at Heartland Senior Services. For more information about SHARE or to find out about registration locations in Story County, call RSVP at (515) 292-8890 or 1-888-781-7787 or the Volunteer Center at (515) 268-5323 or 1-888-442-5303.

EASTERN STORY COUNTY

Colo Community Food Pantry (641) 377-2770, United Methodist Church, 602-4th Street. Tuesday 6:30pm-8:30pm or Friday 9:30am-11:30am or call for an appointment. Can visit once a month. Only for Eastern Story County communities.

Nevada Community Cupboard (515) 382-4440, St. Patrick's Church, 1110-11th Street. Saturday 10-11:30am. Can visit once a month. Only for Eastern Story County communities. Call for an appointment if it is an emergency.

125 SOUTH THIRD STREET, SUITE 100 • AMES, IOWA • 50010
FAMILY DEVELOPMENT: (515) 956-3333 • FAX: (515) 956-3309

CAMBRIDGE

Cambridge Food Pantry (515) 383-4392, United Methodist Church, 215 -2nd Street. Monday 3:30-6pm, Wednesday 1-6pm, Friday 5-8pm, and Saturday 1-5:30pm. Available every 2 weeks to the Cambridge community only. Enter through the church basement.

HUXLEY/KELLEY

Huxley Food Pantry (515) 597-2831, Fjeldberg Lutheran Church, 209 North 2nd Avenue. Wednesday 6-7pm. Can be visited once a month. Will deliver in an emergency situation. Huxley and Kelley communities only.

MAXWELL/COLLINS

Maxwell-Collins Food Pantry (515) 387-8505, First Presbyterian Church, 221 Main Street. 3rd Tuesday of each month from 6-7pm. For Maxwell and Collins communities only. Proof of residence required.

SLATER/SHELDAHL

Slater and Sheldahl Food Pantry (515) 228-3122, 105 Greene, Slater City Hall. Wednesday 7-8pm. Can visit once a month.

STORY CITY/ GILBERT/ ROLAND

Loaves and Fishes Food Pantry (515) 733-4725, 610 Broad Street, Story City. Saturday 10am-12 noon. Can be visited once a month for a total of 6 months. Available only to Story City, Gilbert, and Roland communities. Enter through the back of "The Way" Bookstore.

ZEARING/ McCALLSBURG

Zearing and McCallsburg Food Bank (641) 487-7477. Zearing City Hall, 105 West Main Street, Wednesday 5:30pm-7pm. Can be visited once a month. Zearing and McCallsburg area only.

Rent and Utility Assistance

Community Services (515) 382-7290, 126 South Kellogg, Suite 201 (Story County Human Services Building). Monday-Friday 8am-4:30pm. Helps with current rent or utility bills when eligibility criteria are met. Does not assist students.

Emergency Residence Project (ERP) (515) 232-8075, 225 South Kellogg. Helps with past due rent, deposits, and utilities when funds are available.

Evangelical Free Church (515) 232-2765, 2008 24th St. Rent and Utility Assistance, Thursdays 1-3. First come, first served.

City of Ames (515) 239-5400, 515 Clark Avenue, Room 214. Provides a qualified renter with up to \$1200 to assist with one of the following: rental security deposit, first month's rent, and/or utility deposits. Also provides some assistance for transportation. Provides loans for minor home repairs and assistance for first time homebuyers. Applications are available at City Hall or online at <http://www.city.ames.ia.us/housingweb/Default.htm>

Good Neighbor Emergency Assistance (515) 296-1449, 508 Kellogg Ave. Monday-Friday, 9am-12 noon. Appointment is **required** for assistance.

Mid-Iowa Community Action (515) 956-3333 or 1-877-289-4668, 125 South 3rd St. Suite 100. May be able to help with utilities in danger of disconnection, depending on available funds. Need disconnection notice and copy of most recent bill. Also, must be within income guidelines and provide proof of income for last 90 days. **November 1 – April 15: Non-Emergency Energy Assistance - must bring a recent heat, electric, and local phone bill along with proof of income for all household members. Call for an appointment.**

St. Thomas Aquinas Catholic Church (515) 292-3810, 2210 Lincoln Way. Appointments only Denials from MICA & Community Services required

St. Patrick's Catholic Church (Good Samaritan) (515) 382-2974, 1110-11th Street, Nevada. Appts. Only **FOR EASTERN STORY COUNTY COMMUNITIES ONLY (Not Ames).**

USDA Rural Development (515) 332-4411, 1301-6th Avenue North, Suite 1, Humboldt, IA. 8am-4:30pm Monday-Friday. Provides homeownership opportunities and rental assistance to rural low-income families in Story County, as well as programs for home renovation and repair.

Commission of Veterans Affairs (515) 382-7290, 126 South Kellogg, Suite 201. Provides assistance to eligible Story County veterans and/or their family members who were discharged under Honorable Conditions.

Telephone Assistance Program (Link-Up/Lifeline) Provides a credit on your phone bill each month or reduced connection charges for first-time hook ups. Come to MICA for an application. To be eligible, applicants must participate in one of the following programs: Medicaid, Free and Reduced Lunches, Food Stamps, Federal Housing Programs, FIP, SSI, or LIHEAP.

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Story County Community Housing Corp. (515) 292-3676. 130 S. Sheldon Ave. 8:30-4:30 M-F, Provide homeownership opportunities and affordable rental housing for low-income families in Story County.

Clothing and Furniture

Ballard Community Clothes Pantry (515) 597-3553 or (515) 597-2971 x 207, Contact person: JeriAnn. 908 North Highway 69, Huxley. Wednesday 4-6pm, Saturday 10am-12 noon, Sunday 1-3pm; Also by appointment. Enter through the garage around the back side of Ballard Creek Retirement Community.

Bethesda Lutheran Church (515) 232-6256, 1517 Northwestern Avenue. Monday 9:30-11am and Tuesday 6:30-8pm; Enter through the church basement. Bring a photo ID.

Birthright of Ames (515) 292-8414 or 1-800-848-5683, 108 Hayward Avenue. Maternity and baby clothes.

Furniture Bank (515) 382-7290, 126 South Kellogg, Suite 201. 8:30am-4pm Must provide own transportation for furniture (appliances are not available). Income guidelines apply. Students are not eligible.

Maxwell United Methodist Church (515) 387-8594, 501-2nd Street, Maxwell. Toys and household items also. 3rd Tues, 6-7pm. Come in west doors

Harmony Clothing Closet 1556 Lincoln Way, Nevada. Saturday 8am-11am and Wednesday 8-11am. Clothing for infants through adults.

The Help Center (515) 290-6881, 1627 S. High Ave. (Harvest Vineyard Church). Wed. 3-5pm & Fri. 4-6pm. Clothing and books as available.

St. Mary's Catholic Church (641) 377-2422, 422-4th Street, Colo. Available 3 times a year (March, July, and October). Clothes and household items. Also has referrals for furniture. Call for exact dates and times.

Suited for Work Clothing Closet (515) 232-6064, 130 South Sheldon, Suite 305. Monday 11am-1pm, Thursday 5-7pm, and the 3rd Saturday of each month from 11am-1pm. Available to FIP recipients and low-income men and women in Story County who have found employment or who are actively seeking employment; Need referral from ACCESS, Beyond Welfare, DHS, ERP, Iowa Workforce Development Center, MICA, YSS, or WIC.

Bethany Life Communities (515) 733-5304, Low priced clothing available. Open Saturday and Monday afternoons.

Salvation Army (515) 233-1047, 207 South Duff Avenue. Clothing, furniture, household items, etc. Items are to purchase.

Goodwill (515) 292-8454, 3718 Lincoln Way. Clothing, furniture, household items, etc. Items are to purchase.

Subsidized Housing for Families in Story County

Ames

City of Ames Department of Planning and Housing
515 Clark
(515) 239-5400
Hours: Monday-Friday 8am-5pm

Eastwood Apartments
420 East 7th Street
(515) 232-2413
Contact Shelly Hayes

Huxley

Oakview I and II Apartments
Jensen Property Management
1-3 bedroom units

CIRHA housing certificates only
(515) 233-2752 or (515) 291-1076 David Jensen

Nevada

Southcourt Townhomes
710 South 11th Street
(515) 382-5258

Nevada Village Apartments
725 South 11th Street
T&L Properties
Contact Ted Oswald (515) 999-9160 ext 105

Story City

Viking Village Apartments
910-920 Fairview
1-2 bedroom units
(515) 733-5118
Contact Trudy

Zearing

South Side Apartments
305 South Center Street
1-2 bedroom units

For CIRHA (Central Iowa Regional Housing Authority) information or an application, please call (515) 986-1882. This is a Section 8 Rental Assistance Program for Boone and Story Counties, except for the City of Ames.

Subsidized Housing for Senior Citizens, Handicapped, and the Disabled in Story County

Ames

Eastwood & Regency

1 bedroom units
Elderly/Disabled
(515) 233-4440
Regency V Apartments
3001 Regency Court

Keystone Apartments

3115 Roy Key Avenue
Studio/1 bedroom units
Elderly/Disabled
Contact Brad
(515) 232-2865

Sheldon Munn Apartments

301 Main Street
1 bedroom units and efficiencies
Elderly/Disabled
Contact Russell Mayfield
(515) 232-6161

Stonehaven Apartments

421 Stonehaven Drive
1 bedroom units
Elderly/Disabled
Contact Brad
(515) 232-2021

The Rose Apartments

1315 Coconino Road
1-2 bedroom units
(515) 268-8828

Roland

Roland Senior Housing

1-2 bedroom units
1-800-600-9946

Roland Woodstock Apartments

1 bedroom units
1-800-600-9946

Cambridge

West Side Acres Cambridge Senior Housing

1-2 bedroom units
Elderly/Disabled
1-800-600-9946

Huxley

Maxwell

McCallsburg

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|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|-----------------------------------------------------------------------------------------------|-----------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
| Prairie Village of Huxley Newbury Management 1-2 bedroom units (515) 597-3212 | | Maxwell Senior Housing 1-2 bedroom units Murphy Property Mgmt. (515) 295-2927 | | McCallsburg Community Housing 1-2 bedroom units Elderly/Disabled & Low Income Families Contact Bill Murphy (515) 295-2927 | |
| Nevada | | | | Ogden | |
| Nevada Park Apartments 833 South 13 th Street 1 bedroom units Elderly (641) 791-1648 Linda Lemke | | East Park Village 1216 South G Avenue 1-2 bedroom units (515) 382-5084 | | Hunziker Property Management The Meadows Apartments 402-5 th Street 1 bedroom units Elderly/Disabled Contact Julie Lenz (515) 233-4440 | |
| | | | | Johnson and Sons, Inc. Iowa Realty 1 bedroom units Elderly/Disabled Contact Darrell Johnson (515) 275-2977 | |
| Story City | | | Radcliffe | | |
| Hunziker Property Management Bergengreen Apartments 420 Cedar 1 bedroom units Elderly/Disabled (515) 233-4440 Section 8 voucher required | | Cedar Place Apartments 812 Cedar (515) 733-2904 | | Sunrise Apartments 1-2 bedroom units Contact Dave Thomas 1-800-600-9946 | |

For CIRHA (Central Iowa Regional Housing Authority) information or an application, please call (515) 986-1882. This is a Section 8 Rental Assistance Program for Boone and Story Counties, except for the city of Ames.

Counseling and Support Programs

ACCESS (Assault Care Center Extending Shelter & Support) - Domestic Violence and Sexual Assault Counseling
 Business Line: (515) 292-0500. **24-hour Crisis Line: 292-5378 or 1-800-203-3488.** Confidential counseling and support groups for all who are facing battering and sexual assault.

“Living with HIV” Program Contact KayCee at the MICA office at ext. 129: (515) 956-3312 or 1-800-890-8230. Serves Story, Marshall, Hardin, Hamilton, Greene, Franklin, and Boone counties. HIV Case management support including referrals to doctors, enrollment into prescription drug programs, information on testing sites, assistance with applying for Medicaid and Social Security benefits, monthly support group etc. Completely confidential.

Center for Creative Justice (515) 292-3820, 210 Lynn Avenue. Provides adult probation and deferred prosecution supervision.

Beyond Welfare (515) 292-5992, 130 South Sheldon, Suite 302. Provides assistance in the areas of transportation, food and nutrition, housing, job development, child care, family partners, and circles of support through participation in their Community Leadership Team.

Birthright of Ames (515) 292-8414 or 1-800-848-5683, 108 Hayward Avenue. 24-hour emergency pregnancy services for those who have decided to have children. 24 hour Crisis Line 1-800-550-4900.

Iowa New Choices Program (515) 248-7520 or 1-800-362-2127 opt. 6 ext. 7520, 1125 Hancock Drive, Room 124 Boone DMACC campus. Monday-Thursday 8am-4:30pm. Assists in determining career options by providing career, academic, pre-enrollment, and financial counseling. Gives referrals and workshops, as well as assistance for child care and transportation for eligible individuals.

(FaDSS) Family Development and Self-Sufficiency Program MICA (515) 956-3333 or 1-877-289-4668, 125 South Third, Suite 100. **YSS** (515) 233-3141, 420 Kellogg Ave. Program to help families who are receiving public assistance leave welfare behind with the partnership of a Family Development Specialist; Contact MICA for families with head of household 26 years of age or older. Contact YSS for families with head of household under 26.

Iowa State University Financial Counseling Clinic (515) 294-8644, 1331 Palmer HDFS Building. Open 8am-5pm Monday-Friday and evenings by appointment. Free for ISU students; all others pay a fee on a sliding scale depending on income and family size. HUD-approved

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non-profit organization dedicated to improving the financial well-being of individuals through education and counseling in the areas of homeownership, personal finance, and credit.

Heartland Senior Services (515) 233-2906, 205 South Walnut Avenue. Contact Carolyn Dixson. The Bill Payer Representative Payee Program is a free service designed by the AARP for those 60 and over, disabled, or having difficulty taking care of day-to-day business affairs, such as paying bills, balancing finances, and monthly budgeting. Qualifications: income must be less than \$19,000 a year, be a resident of Story County, and lack the support of family and friends.

Lutheran Services in Iowa (515) 232-7262, 1323 Northwestern Avenue. **People Place** is LSI's family resource center that offers support groups, classes, and childrens' activities. Monday-Friday 9am-3pm. (515) 233-1677, 619 6th St.

Mainstream Living, Inc. (515) 232-8405, 2012 East 13th Street. Provides meaningful opportunities for educational, social, and pre-vocational training for persons with disabilities; Also offers supported community living and respite services.

Youth and Shelter Services Eastern Story County: (515) 382-6874 Crisis line: 1-800-600-2330, 830-6th Street, Nevada. (Serves Collins, Colo, Maxwell, McCallsburg, Nevada and Zearing.) **Ames:** 420 Kellogg Ave., (515) 233-3141 Crisis Line: 1-800-600-2330. Offers individual, family, group, and in-home counseling on a sliding fee scale.

Richmond Center (515) 232-5811, 125 South 3rd Street, Suite 200. 24-hour crisis line: 1-800-830-7009. Has a sliding fee scale for those who qualify. Provides high-quality community-based behavioral healthcare services. Includes individual, couple, family, and group counseling.

Veteran's Affairs Medical Center 1-800-294-8387, 3600 30th Street, Des Moines. Pharmacy: 1-800-661-0827

Mid-Iowa Family Therapy (515) 239-9974, 1531 Airport Road, Suite 104. Provides Therapy to children age 5-18 and adults. Also provides group therapy classes. Call for information on current programs.

National Alliance of Mental Illness (515) 292-9400, 130 S. Sheldon Ave. #306, namiofci.org Education, support and advocacy on mental illness. Educational programs, support groups in Ames. Call for information on current programs.

Community and Family Resources (515) 232-3206 or 1-800-286-3205. 1619 S. High Ave. Substance Abuse services, including evaluations/assessments, outpatient treatment, Alcohol and drug education, and continuing care. Sliding fee scale. Insurance, Title 19 accepted



Medical Resources



Free Medical Clinic First United Methodist Church 515-233-5910, 508 Kellogg Avenue, right next to Rust Insurance Agency. Thursday 6-8pm. Arrive by 5pm in order to put your name on the list. This is a first come, first serve clinic. No appointment needed. Basic health care to uninsured and underinsured individuals and families regardless of age, gender, race, religion, sexual orientation, or ethnicity.

Hawk-I Healthy Kids in Iowa 1-800-257-8563 (TDD 1-888-422-2319) No-cost or low-cost health care coverage for children under 19 years of age. Application required. Children must be uninsured, ineligible for Medicaid, Iowa residents, and United States citizens or lawfully admitted resident aliens. Family must also meet income guidelines. Covers the following services: doctor visits, in- and out-patient hospital care, prescription drugs, speech therapy, hearing services, chiropractic care, well-child visits, vaccines/shots, emergencies, surgery, dental care, vision services, mental health, and substance abuse care. www.hawk-i.org

WIC (Women, Infants, and Children) (515) 232-9020 or 1-800-890-8230, 126 South Kellogg, Suite 1. Nutrition and food supplemental program for expecting and nursing mothers and children under the age of 5. WIC dietitians provide parents with general health services and families can receive assistance in purchasing foods high in nutrition. Nutrition classes held monthly.

Iowa Department of Human Services (DHS) (515) 292-2035 or 1-800-443-7347, 126 South Kellogg, Suite 101. Low-income families can apply for health insurance.

Planned Parenthood (515) 292-1000 or 1-877-811-7526, 2530 Chamberlain St. Offers confidential reproductive health care services on a sliding fee scale.

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Homeward (515) 239-6730 or 1-800-529-4610, 1114 Duff Avenue. Offers a sliding fee scale for many programs. Homeward accepts Medicare, Medicaid, and Veterans insurance.

DMACC (515) 964-6280. Offers dental services at reduced prices. Provides cleanings, x-rays, and sealant services (no fillings). Reduced rates for Medicaid patients (\$3 each for cleanings and sealants). Call to make an appointment.

Story County Medical Center (515) 382-2111, 630-6th Street, Nevada. Free Care Program provides necessary medical care to Story County residents who meet income eligibility guidelines and either do not have adequate insurance coverage available to them or who are Medicare insured, but are unable to pay deductibles and co-payments. Covers services at the Medical Center and its clinics located in Maxwell, Nevada, and Zearing. Program does not cover out-patient prescription medications, nor any of the physician specialty services provided within the Medical Center or at other locations.

Story County Community Dental Clinic: (515) 956-4595, 126 South Kellogg, (In the basement of the Human Services Building). Office hours: Mon. 9-6, Tue.-Thur. 8-4 and Fri. 8-3. Age 5 and older. Available to those with Medicaid and low income uninsured families. This is **not a free clinic**. Uninsured families will pay discounted dental rates and those with Medicaid will pay a \$3 co-pay.

Primary Health Care (641) 753-4021, 412 East Church Street, Marshalltown or (515) 248-1447, 2353 SE 14th Street, Des Moines. For people that have no insurance or are underinsured. Covers most medical procedures.

IowaCare provides hospital and physician services for people with limited income who are not eligible for Medicaid. Contact Kristi 268-2275 126 S. Kellogg Ave. Suite 101.

Veteran's Affairs Medical Center 1-800-294-8387, 3600 30th Street, Des Moines. Free medical services for eligible military veterans.

Additional Resources

211 Dial 211 or go online to <http://www3.irissoft.com/iowa/> Helps connect people with community agencies by name or category.



Preschools and Head Start Centers

Ames Community Preschool Center (515) 233-2901, 611 Clark Avenue. Children 19 months to 12 years, 7 locations, full/part-time, sliding fee scale, offers full day care and before and after school care.

Willson Beardshear Preschool Programs (515) 239-3735, 920 Carroll Avenue. Preschool programs for kids living in the Ames School District. Fully completed applications must have immunization records attached on an "immunization card". After being accepted, proof of birth (original birth certificate) must be provided.

All Day Programs (9am-2:30 pm Monday, Tuesday, Thursday and Friday; 9am-1:30pm Wednesday)

- Early Success: for kids 3 or 4 years old on or before September 15.
- Moving Four-Ward: for kids 4 years old on or before September 15.
- 4 Success: for kids 4 years old on or before September 15.
- Special Needs

For Early Success and Moving Four-Ward classrooms, must have a letter of reference from a local agency stating why the child should be accepted into the program (for example, concerns with socialization, behavior, motor skills, verbal skills, etc.). Problems with English as a Second Language are not considered. Also for these two classrooms, must provide proof of income for the last 3 months OR last year's tax return.

Half-day programs

- Rainbow, Great Expectations, Creative Beginnings: 8:35-11:15am Monday-Friday or 12:25-3:20pm Monday, Tuesday, Thursday, and Friday/12:25-2:05pm Wednesday for ages 3 and 4.
- Pre-Kindergarten: for 5 year olds, Morning (8:35-11:15) or Afternoon (12:25-3:20, Wednesday dismiss at 2:05)

Head Start

Ames residents: Contact Drake University office at 233-4606 or 1-800-443-7253 x1854. Located in Crawford School.

Other Story County residents: Contact MICA at (515) 956-3333 or 1-877-289-4668. Families must meet income guidelines and children must be current on immunizations. Proof of age is required (birth certificate or Title 19 card).

•For **Head Start** children, must be 3 or 4 by September 15 (at the time class starts). Contact 956-3333 with questions or to schedule an appointment.

•For **Early Head Start**, children must be under age 3 by September 15th (at the time class starts). Contact 956-3333 with questions or to schedule an appointment.



Child Care Services

Center for Childcare Resources (515) 294-8833 or 1-800-437-8599, 100 University Village. Assists in locating child care and child care assistance in Ames free of charge. Provides services and training for child care providers, and helps to start up child care services.

Childserve Community Options (515) 232-7220, 1915 Philadelphia Street. Provides home care, therapy, adaptive equipment, respite, supported community living, case management, and childcare in an inclusive setting for Ames area children.

City of Ames (515) 239-5400 515 Clark Ave. Room 214. Provides qualified families with a one time assistance payment for child care.

Comfort Zone (515) 294-3333. 100 University Village. Care for sick kids. Must pre-register. Sliding scale fees. Open 8:30am-4:30pm Mon.-Fri.

University Community Childcare (515) 294-9838 located on the northwest side of the Iowa State campus near the intersection of Stange Road and 13th Street. Non-profit childcare center whose purpose is to provide a well-balanced childcare program, particularly for those families with student and/or working parents. UCC provides child care to the ISU community (students, staff and faculty), and to members of the Ames community as space is available, sliding fee available.



Employment Assistance

Jacobsen Staffing (515) 233-1045, 222 Lincoln Way Suite 102

Helping Hands Temporary Service (515) 233-5690, 103 East 6th Street, Suite 100

ManPower Temporary Service (515) 233-2340, 1103 Buckeye, Suite 101

USA Staffing, Inc. (515) 663-0500, 516 Lincoln Way

Iowa Workforce Development Center (515) 232-6572, 122 Kellogg Avenue

DES Staffing Services (515) 233-8400, 120 Kellogg, Suite S

Proteus 1-800-372-6031; Required that you have worked for a farmer in the past 2 years; also provides free job training



Adult Education

Des Moines Area Community College (DMACC) 1-800-362-2127

High School Completion Program ext 6255

GED and ESL class information ext 8700

GED testing ext 8700

Other class information ext 6255

ESL (English as a Second Language) Classes:

St. Cecilia's Church (515) 233-3092, 2900 Hoover Avenue

Evangelical Free Church (515) 232-2765, 2008-24th Street

Memorial Lutheran Church (515) 292-5005, 2228 Lincoln Way

Useful Phone Numbers

ACCESS (Domestic Violence Shelter & Sexual Assault Counseling)

1-800-203-3488 or 515-292-5378

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|-------------------------------------------------------------|----------------------------------------|
| American Red Cross – Lincoln Way Chapter | 1-877-316-5221 or 515-232-5104 |
| Beyond Welfare | 515-292-5992 |
| Birthright | 1-800-848-5683 or 515-292-1000 |
| Center for Childcare Resources | 1-800-437-8599 or 515-294-8833 |
| Center for Creative Justice | 515-292-3820 |
| Central Iowa Regional Housing Authority (CIRHA) | 515-986-1882 |
| Child Abuse Reporting | 1-866-474-5366 or 515-268-7000 |
| Child Support Recovery | 1-888-229-9223 |
| City of Ames Department of Planning and Housing (Section 8) | 515-239-5400 |
| Comfort Zone (Care for sick kids) | 515-294-3333 |
| Community Services (Furniture Bank, Veterans Affairs, etc.) | 515-382-7290 |
| Consumer Credit Counseling Service | 1-866-723-7468 or 515-296-1968 |
| Crisis Child Care | 515-460-2423 |
| Cy-Ride | 515-292-1100 |
| Department of Human Services (DHS) | 1-800-232-7347 or 515-292-2035 |
| Des Moines Area Community College (DMACC) | 1-800-362-2127 |
| Emergency Residence Project (ERP) | 515-232-8075 |
| First Nurse | 1-800-524-6877 or 515-239-6877 |
| Good Neighbor Emergency Assistance | 515-296-1449 |
| Goodwill | 515-292-8454 |
| Head Start (Drake University) | 1-800-443-7253 x1854 or 515-233-4606 |
| Head Start (MICA) | 1-877-289-4668 or 515-956-3333 |
| Heartland Senior Services | 515-233-2906 |
| Homeward (Public Health) | 1-800-529-4610 or 515-239-6730 |
| Iowa Compass (Disability Information and Services) | 1-800-779-2001 or TTY 1-877-686-0032 |
| Iowa Concern Hotline | 1-800-447-1985 |
| Iowa Workforce Development Center (Unemployment) | 515-232-6572 |
| Legal Aid of Story County | 515-382-2471 |
| Living with HIV Program (MICA) | 515-232-7262 |
| Lutheran Services in Iowa | 1-800-890-9230 or 515-956-3312 |
| Mary Greeley Medical Center | 515-239-2011 |
| Mid-Iowa Community Action | 1-877-289-4668 or 515-956-3333 |
| Mid-Iowa Family Therapy | 515-239-9974 |
| National Alliance for the Mentally (NAMI) | 515-292-9400 |
| Nevada Community Resource Center | 515-382-1600 |
| Non-Emergency Police | 515-239-5133 |
| Partnership for Prescription | 1-888-477-2669 |
| People Place | 515-233-1677 |
| Planned Parenthood | 1-800-230-7526 or 515-292-1000 |
| Poison Control | 1-800-222-1222 |
| Richmond Center (Mental Health) | 515-232-5811 or Crisis: 1-800-830-7009 |
| Social Security Administration | 1-800-772-1213 or 515-233-5017 |
| Stork's Nest | 515-233-3141 |
| Story County Community Dental Clinic | 515-956-4595 |
| Story County Medical Center | 515-382-2111 |
| Suited for Work Clothing Closet | 515-232-6064 |
| United States Citizenship and Immigration Services | 1-800-375-5283 |
| Veteran's Affairs Medical Center | 1-800-294-8387 or 515-699-5999 |
| WIC/Maternal and Child Health | 1-800-890-8230 or 515-956-3312 |
| Youth and Shelter Services | 515-233-3141 |



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